

## Orion Training Sessions Timetable \*15/4/19

Groups	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Learners</b>					C		N
<b>Junior 1 J1</b>			6.15-7.15pm BCS		A		O
<b>Junior Club JC</b>	8.15-9.15pm Morris				N		
<b>Junior 2 J2</b>	6.00-7.00pm BCS	6.30-7.30pm KEBS		6.30-7.30pm KEBS	C	7-8.30am Uof B (50m)	S e
<b>Junior 3 J3</b>	7.00-8.30pm BCS	7.00-8.30pm KEBS	6.15-7.30 pm UofB (25)	7-8.30 pm KEBS	E	7-8.30am UofB	S
<b>Aquarius performance AP</b>	6.30-8.30pm KEBS	6.45- 8.15pm UofB (50)	6.30- 8.30pm KEGS	6.30-8.30pm KEGS	L  L	7-8.30am UofB	S  I o
<b>Orange Squad OS</b>	8.15-9.15pm Morris Training squad only	7.30-9pm KEGS Training squad only			E		N
<b>Aquarius club</b>	8.15-9.15pm Morris	7.30-9pm KEGS			D		S

<b>AC</b>							
<b>Orange squad juniors</b>							
<b>OSJ</b>							
<b>Orange squad learn to swim OSL2S</b>							

*\*- Please see emails or "Pool closures" page on website for changes to this timetable. LT = land training*

*BCS- BLue Coat school- B17 0HR code 0052 - No parents in changing room unless swimmer under 8 and cannot manage alone*

*Morris- B15 2TH*

*Harborne- B17 9QS No phones in changing area and do not leave clothes in cubicles*

*KE- B15 2UB. Code KEBS- 1397 No parents in changing room unless swimmer under 8 and cannot manage alone*

*No outside footwear poolside at KEHS*

*Uof B - university of Birmingham pool- remember shower before swimming, no outside shoes in changing area, no electronic devices poolside; use group changing area*

*Langley- Vicarage Rd, Oldbury B68 8HS*

*EHS - 1469 & Enter*

