

Orion Training Sessions Timetable *1/9-7/9

Groups	Sunday 1/9	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday 7/9
Learners	9am - 11am learners BCS				6-7pm BCS		
Junior 1 J1	11am - 12noon - BCS			6.15-7.15pm BCS	7-8pm BCS	6.30-7.30pm Harborne	4.45-5.45 pm Morris
Junior Club JC	12-1pm BCS	8-9.15pm Morris	8.00-9.15pm Morris	8-9.15pm Morris		8.30- 9.30pm Harborne	7.30-9am Langley
Junior 2 J2	1pm - 3pm BCS	6.45-8.15 pm BCS	Senior (6 months +) J2 only 7.30- 8.30pm BCS	6.15-7.30pm UofB		7.30-8.30pm Harborne	7-8.30am Uof B (50m)
Junior 3 J3		6.30- 7.45ppm EHS	7.30- 8.30pm BCS	6.15-7.30 pm UofB (25)	6-7 am BCS	7.30-8.30pm Harborne	7-8.30am UofB
AP	6pm - 7.45pm BCS	7.45-9pm EHS	6.45- 8.15pm UofB (50)		6-7am BCS	6.30-8.30pm Harborne	7-8.30am UofB

Orange Squad OS	5pm - 6pm - BCS			8.00-9.15pm Morris		8.30pm – 9.30pm Invited only Harborne	7.30-9 langley
Aquarius club AC	12noon - 1pm BCS	8-9.15pm Morris	8.00-9.15pm Morris	8.00-9.15pm Morris	8-9pm BCS	8.30-9.30pm Harborne	7.30-9am Langley
Orange squad juniors OSJ	4pm - 5pm BCS					8.30-9.30pm Harborne	7.30-9am Langley
Orange squad learn to swim OSL2S	3pm - 4pm - BCS						

*- Please see emails or "Pool closures" page on website for changes to this timetable. LT = land training

BCS- BLue Coat school- B17 0HR code 9943

Morris- B15 2TH

Harborne- B17 9QS

KE- B15 2UB. Code KEBS- 8293

Uof B - university of Birmingham pool- remember shower before swimming, no outside shoes in changing area, no electronic devices poolside

Langley- Vicarage Rd, Oldbury B68 8HS

EHS - 1469 & Enter

